



Medical supplies made easy

## Replacing your CPAP supplies can help you sleep better and feel better!

Manufacturers recommend that you replace supplies according to a set schedule. This is critical to your comfort and your CPAP's ability to help you sleep better. Use the table below to help determine when you should replace your supplies.

### Replacement Schedule

Item	Time Frame
Disposable Filter	2 per month (24x a year)
Replaceable Pillow or Cushions	2 per month (24x a year)
Mask	1 every 3 months (4x a year)
Tubing	1 every 3 months (4x a year)
Non-Disposable Filter	1 every six months (2x a year)
Headgear	1 every 6 months (2x a year)
Disposable Heated Humidification Chamber	1 every 6 months (2x a year)
Chin Strap	1 every 6 months (2x a year)

*We make ordering your CPAP supplies easy! Log on or call us, we're happy to help!*

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